



# STAND & DELIVER

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## Stand & Deliver helps improve your presentation skills overnight!

On this one-day course you will learn the secrets of techniques borrowed from the theatre and adapted to the business world to control your body, voice, and delivery of material and become a more compelling communicator.

**Vanessa Glynn, Head of the European Strategy Unit at the Scottish Government attended Stand & Deliver and said:**

*"Very worthwhile and enjoyable. Stand & Deliver gave me new confidence and excellent advice on making presentations. Memorable and pain free!"*

voicebusiness uses adapted acting techniques for the business environment which are coupled with well-established disciplines such as NLP. The training is professional, friendly, and above all, effective. Unlike some training, the activities are flexible and adapted to the individuals' needs on the day. Participants are fully supported with a high ratio of trainers to individuals and small class sizes.

### Stand & Deliver will teach you:

- Invaluable techniques for relaxation, physical preparation, as well as control of posture and breathing
- Vocal warm-up and development of sound
- Pitch and range, articulation and pace versus speed
- Best use of eye contact and body language
- How to focus on objectives when speaking
- How to assess the audience and take into account the size and nature of the venue
- Effective projection and focus of delivery
- How to handle a written speech
- How to make your material come alive
- Valuable techniques for structure, content and delivery using minimal aids

This course works at its optimum with a maximum of 8 participants

Course fee: £1400 + VAT & expenses

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We don't teach you your business – we teach you ours