



# STEPPING OUT

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## Productive Networking Training

**Gain the skills, confidence and practice to become a great networker**

**Eleanor Reeves, International Student Advisor at the Glasgow School of Art, said:**

*The training demystified what goes on between people at networking events. It crystallised some hunches I had about what people do and don't do. It freed me up to act and behave more like myself.*

Whatever business you are in or role you perform, networking is one of the most effective ways to develop and build solid business relationships. But most of us dread the thought of entering a room full of people we don't know!

**Can you imagine what it would be like in these situations to:**

- **Become less self conscious and more self- confident?**
- **Relax and really enjoy these networking events?**
- **Seek out networking opportunities rather than avoid them?**

Stepping Out gives you the skills and practice needed to make the most of any networking situation and become a confident and successful networker. Never dread networking again!

**From this training you will learn:**

- What networking is, how it works and how to make the most of it
- How to enter a room with confidence rather than dread
- How to join a group seamlessly
- How to start and keep conversations going
- How to move on without feeling you are causing any offence
- How to circulate around groups in the room with ease

voicebusiness uses adapted acting techniques, coupled with well-established disciplines such as NLP. The training is professional, friendly, and above all, effective. Participants are fully supported with a high ratio of trainers to individuals and small class sizes.

This course works at its optimum with 8-20 participants and two trainers per course

Course fee: £2600 + VAT & expenses

(NB A short version of this course can be delivered as a vb TAPAS Lite Bite – please contact us for details)

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**We don't teach you your business - we teach you ours**