



PERSONAL TRAINING 121

in Presentation, Public Speaking & Communication Skills

This training offers a personalised solution to your presentation and public speaking requirements, whether you:

- Need coaching for a special occasion
- Feel you could brush up your presenting, public speaking or communication skills
- Want to address a particular issue that is holding your presentation or performance back
- Simply would benefit from honest unbiased feedback on these skills

I thoroughly enjoyed the training sessions, in particular as they were tailored to my needs. The tips and techniques I picked up were invaluable and I have been able to put them to good use in my presentations, with positive feedback.

Paul Kerr, Head of Capital Programme Procurement, Scottish Water

Benefits

We will discuss your specific training needs and design training individually for you. Usually you will prepare a short, straightforward presentation in advance of your first session. Elements of the training can include:

- Relaxation and physical preparation/posture/body language including eye contact
- Breath control and development of sound
- Pitch and range/articulation/pace versus sound
- Establishing rapport with your audience/objectives when speaking
- Assessing the audience/how to energise and inspire listeners
- Projection and focus of delivery in different types and sizes of venue
- Presentation content & Structure /How to handle a written speech and make your material come alive

We recommend you start by considering two 2-hour sessions

First session – we identify what you need and set exercises to help release your voice and imagination

Second session – we reinforce good practice learned in the first session and practised between sessions and then assess your progress.

Course fee: £785 + VAT

voicebusiness uses specially adapted acting techniques for the business environment which are coupled with well-established disciplines such as NLP. The training is professional, friendly, and above all, effective.

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We don't teach you your business – we teach you ours